EXECUTIVE OFFICER REP



Report Information

| Officer Role: | Vice President of Welfare and Activities |
|-------------------------|--|
| Officer Name: | -Yuanting |
| Date of Meeting: | 12/11/2020 |
| Date of Previous | 15/10/2020 |
| Student Council: | |

Reporting

Summary

I have mainly been planning campaigns to improve understand of and services for mental health within the University and improve my understanding of how I can support SU sports and societies;

- 1) In Term 2 we will be running a Healthy Campus Healthy mind, campaign to raise awareness of the positive impact of being healthy and active can have on student's mental health
- 2) I have issued a survey for sports and societies to collect feedback to find out how to better support them; from this I will then develop an action plan and feedback to the committees and Student Council to ensure we prioritise the right activity.
- 3) I am working with Healthy Mind Care company and the University mental health service team to see if we can increase support services
- 4) I am starting to explore whether there are any local organizations that may be able to support our liberation networks support for students for their mental health requirement.
- 5) I am working with Sports Committee and the Union Activities team to plan for 1/2day mental health training for sports teams
- 6) I am supporting a short welfare campaign W/C 9th November and I will be hosting a Mental health drop in session on Friday 13th November.
- 7) Improving information available to students on accommodation and housing

In addition to this I supported the Covid19 updates on campus Yuanting and Yeqi represented the SU in videos and photography for ITV; discussing how the Union was supporting students to remain socially active by sports, societies and The Platform



Manifesto Pledges

What have you done in this reporting period (between the last Council meeting and now) to get you closer to achieving your manifesto pledges?

| Manifesto Point | Progress Since Last Meeting | RAG Rating |
|---|--|---------------|
| Society activities and campaign I | We sabbatical team hold and attend the Black History Month campaign and events at the Engine shed. Health body Health mind Me, Zoe and Bal have made progress on the campaign and a broad plan of action going forward. At the moment, the campaign as we envision it is mainly an awareness-based campaign around improving students mental and physical wellbeing. We're designing it to get students who aren't necessarily engaged with a healthier lifestyle to do so, by promoting: local walks and home exercises, quick health recipes and snack advice, what wellbeing support is available at the university. And primarily, our sports clubs. The way we'll be promoting will be graphics and animations on the university screens around campus. Content will be images of club representatives (emotion of friendly) and then again, with the campaign branding as well as training times. A video to capture all of what the campaign is aiming to achieve, as well as to future-proof the values of the campaign. | |
| | Sports Teams: At the moment, there doesn't exist any sort of 'brand' around the clubs other than a logo; and as one of my objectives this year is to run a campaign to promote them, I thought it would be good to explore whether we can build a brand around the free sport ethos Break the Stigma Mental Health drop- in as part of the Welfare campaign week | |
| | Brit 2021; I am looking at whether the BRIT 2021 Challenge; (a UK-wide young adult mental and physical health campaign and event taking place during February 2021) is something we should support. The challenge is a 2021-mile team challenge can be completed by individuals contributing their miles to their team's. For example, 2,021 students could complete a mile each and set a combined fundraising target. | |
| Jobs assistance and more part-time jobs | We as a sabbatical team have a talked with the University's Board of Governors, who want to support increased internship opportunities for students. We are working with the University team | |

| | to ensure this is complimentary to what is already offered and to avoid confusion. This would include using the engine shed to facilitate events etc. More detail and date are in negotiation. | |
|--|--|--|
| Online student support | I have been helping students with different situation. Two cases on applying student funds during, one cases for Nile login problems, one cases for school delayed of Cas, one case on asking for mental health support. | |
| Visibility of SU and the sabbatical officer team | From Oct.26 I do drop in at the SU Learning Hub Stand from Tuesday to Friday 2pm-4pm to answer students' question, I will be holding online sessions during lockdown including the online mental health drop in | |

Mandates

What have you done in this reporting period (between the last Council meeting and now) to get you closer to completing your mandates?

| Mandate | Date of Mandate | Progress Since Last Meeting | RAG Rating |
|---------|-----------------|-----------------------------|---------------|
| | MM/YY | | Rating |

Other Items

Please highlight any other notable actions since the last Council meeting.

| Issue/Action | Progress Since Last Meeting |
|--------------|-----------------------------|
| Declarations | |

Please highlight any gifts or benefits received as part of your role in the reporting period.

| Gift/Benefit | Value | Reason |
|--------------|-------|--------|
| | | |

Meetings

Please list all meetings you have attended in your capacity as a student representative during the reporting period. In the update section, please focus on the issues discussed and how you represented student views in that meeting.

| Meeting Name | Date | Length of Meeting (Hours) | Update |
|--|------------|---------------------------|--|
| | DD/MM/YYYY | HH:MM | |
| Union Update and Open Forum | 20/10/20 | 10:00 to 12:00 | Plans to do in the following period and update on Covid |
| Allocation Committee | 20/10/20 | 12:30 to 13:30 | Approving Societies funding |
| Mindful Healthcare | 20/10/20 | 15:30 to 16:30 | Mental health service update and cooperation with local authorities |
| UON Mental Health Working Group | 21/10/20 | 10:00 to 12:00 | Training and Updates on Students respond to mental health service situation during COVID |
| Susie/Ivy Regular Planning Session | 21/10/20 | 12:30 to 13:00 | General discussion and support from CEO |
| Exec and Union Management | 21/10/20 | 13:30 to 14:15 | Situation update |
| Sports Campaign Meeting | 21/10/20 | 15:00 to 16:00 | Introduction meeting |
| Student Support Forum | 22/10/20 | 10:00 to 12:00 | Updates about the school policy and chatted about the problem existed. |
| Varsity 2021 Meeting #1 | 26/10/20 | 12:00 to 13:00 | Plans about sport Varsity this year and introduction on last year plan. |
| Sabbatical Team and East Midlands Regional Prevent Coordinator | 26/10/20 | 14:00 to 15:10 | Chat about the Prevent policy and the student training packages. |
| Susie/Ivy Regular Planning Session | 26/10/20 | 15:40 to 16:10 | General discussion and support from CEO |
| Sports Campaign Meeting | 27/10/20 | 12:00 to 13:00 | To talk through a video and confirm action plans about healthy mind healthy body |
| Allocation Committee | 27/10/20 | 12:30 to13:30 | Approving Funding of societies |
| Exec and Union Management | 27/10/20 | 13:00 to13:45 | Overall University Progress was discussed and University preparation for arrivals were January shared. |
| Student Exec Meeting | 27/10/20 | 17:00 to 19:00 | Updates and report from what we have done |
| Big Plans: Student Group | 28/10/20 | 9:30 to 10:15 | Look at the current data and emerging themes and start to focus on building out areas of the strategy |

| ITV Interview | 30/10/20 | 09:00 to 10:00 | Interview about Northampton students experience |
|------------------|----------|----------------|---|
| | | | under COVID |
| Finance Training | 03/11/20 | 11:00 to 12:00 | Training on financial area to help with budget |
| | | | spending |

| Big Plans: Student Group | 04/11/20 | 11:00 to 12:00 | Plans for 2 nd term campaign |
|------------------------------------|----------|----------------|--|
| Meeting at Engine shed | 04/11/20 | 12:00 to 01:00 | Meeting ty |
| placements | 04/11/20 | 15:00 to 16:00 | Quick chat with school changemaker hub to get to know about school updates on placements |
| Sabs meeting | 04/11/20 | 16:00 to 17:00 | Chat with sabs to discuss about plan for lockdown |
| Student Support Forum | 05/11/20 | 10:00 to 12:00 | Updates from the school covid policy and IT service |
| Exec and Union Management | 05/11/20 | 13:00 to 14:00 | Review and address issues, requirements or plans the Exec has. |
| Susie/Ivy Regular Planning Session | 05/11/20 | 14:45 to 15:15 | Chat about campaign and budget on mental health |
| Sports committees | 05/11/20 | 18:00 to 19:00 | Gave report and hear updates and require for sports team |

Timesheet

Please list your work hours during the reporting period and your main work location for that day.

| | Week 1: 05/10/202 | 0.0 | | | | Total Hour | rs: 37 |
|----------|-------------------|-----------|-----------|-----------|--------|------------|--------|
| | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
| In | 09:00 | 10:00 | 10:00 | 09:00 | 09:00 | | |
| Out | 17:00 | 17:00 | 18:00 | 17:00 | 15:00 | | |
| Total | 8 | 7 | 8 | 8 | 6 | | |
| Location | WFH | WFH | WFH | WFH/ES | WFH/ES | | |
| | Week 2: 12/10/202 | 0.0 | | | | Total Hour | ·s: 37 |
| | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
| In | 10:00 | 10:00 | 10:00 | 10:00 | 10:00 | | |
| Out | 18:00 | 18:00 | 18:00 | 18:00 | 15:00 | | |
| Total | 8 | 8 | 8 | 8 | 5 | | |
| Location | WFH | WFH/ES/LH | WFH/ES/LH | WFH/ES/LH | WFH | | |
| | Week 3: 19/10/202 | 0 | | | | Total Hour | rs: 37 |
| | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
| In | 11:00 | 10:00 | 10:00 | 10:00 | 12:00 | | |
| Out | 19:00 | 18:00 | 18:00 | 19:00 | 16:00 | | |
| Total | 8 | 8 | 8 | 9 | 4 | | |

| Location | WFH/ES/LH | WFH/ES | WFH/ES | WFH/ES | WFH | | |
|----------|------------------|-----------|-----------|-----------|-----------|------------|--------|
| | Week 4: 26/10/20 |)20 | | | | Total Hour | rs: 40 |
| · | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
| In | 11:00 | 10:00 | 10:00 | 09:00 | 09:00 | | |
| Out | 19:00 | 15:00 | 18:00 | 18:00 | 16:00 | | |
| Total | 8 | 7 | 8 | 9 | 7 | | |
| Location | WFH | WFH/ES/LH | WFH/ES/LH | WFH/ES/LH | WFH/ES/LH | | |
| | Week 5: 2/11/202 | 20 | | | | Total Hour | rs: 36 |
| | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
| In | 11:00 | 10:00 | 10:00 | 10:00 | 11:00 | | |
| Out | 17:00 | 18:00 | 17:00 | 19:00 | 17:00 | | |
| Total | 6 | 8 | 7 | 9 | 6 | | |
| Location | WFH/ES/LH | WFH/ES/LH | WFH/ES/LH | WFH | WFH | | |